



# Strengthening Resilient Families

## "SRF"



### RECAP

#### SELF-CARE

Last month, we hosted our 2<sup>nd</sup> Day of Play!! Partners such as Little Bit Foundation and X-Bots came to offer a variety of engaging STEM activities to our scholars. Parents were able to experience inexpensive self-care, in the form of a DIY.

### THIS MONTH

#### PLAY & JOY

Mark your calendars for June 15<sup>th</sup>! The day Summer Camps Begins!! Campers will engage in STEM learning, outdoor exploration and weekly experiences provided by our partnering organizations such as: River City Outdoor, YMCA and Earth Dance Farms to name a few.

### PLAN AHEAD

#### ACTIVE LISTENING

Next month, we will be focusing on active listening. Parents will participate in activities that are centered on Empathy and Positive Intent. Check your email for further details.

### VALUES WE BELIVE IN

#### ◆Respect for all

Unleashing **P**assion for respecting individuals while creating strong communities that empowers families and inspires children to their greatest potential.

#### ◆Faith and Stewardship

Unleashing **P**ower inspired by our faith-based legacy.

#### ◆Quality Programs and Caring Staff

Unleashing **P**erformance of dedicated staff to provide the highest quality of educational experiences for children and youth.

#### ◆Resilience and Empowerment

Unleashing **P**ossibilities by affirming the resiliency of the children, youth and families we serve; building upon their own strength and capacity to overcome challenges.

*"Mental health is not a destination, but a process. It's about how you drive, not where you're going." - Noam Shpancer*



## FAMILY FUN RESOURCES

**Girlz4life: Donuts With Dads**, 47 Florissant Oaks.,  
June 13<sup>th</sup> | 10a-12p

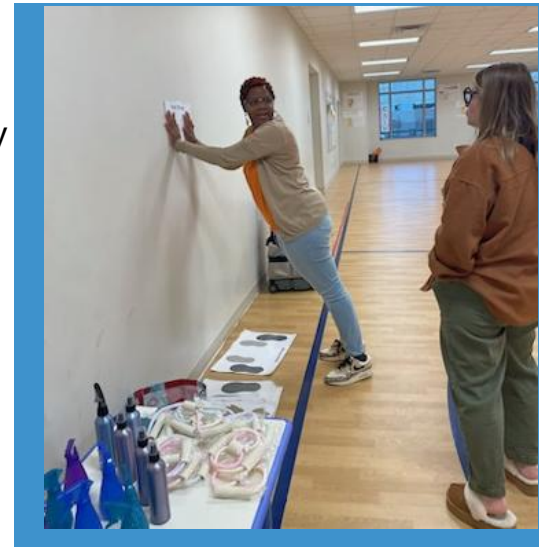
Bring your father or father figure out to celebrate Father's Day weekend with sweet treats (donuts) and unforgettable memories. If interested, [Register Here](#)

**Ferguson Juneteenth Celebration**, 806 Ferguson Ave.  
June 13<sup>th</sup> | 2p-7p

Come celebrate a moment of unity, reflection and joy during this Juneteenth celebration. There will be a kids zone, food trucks, vendors and entertainment. For more info, [Click Here](#)

**Juneteenth Block Party**, 1204, Washington Ave.  
June 19<sup>th</sup> | 12p-8p

Come celebrate Juneteenth with a kid zone, a live band, games, food, live painting, health screenings and a resource center. For more info, visit [Click Here](#)



## EDUCATION/EMPLOYMENT RESOURCES

**City of St. Louis Seasonal Hiring Fair** - June 5<sup>th</sup> 9a-12p, 1520 Market St. Seasonal job opportunities to fill immediate openings for limited-term utility workers, lifeguards, lifeguard supervisors and recreation assistants. For more info, [Click Here](#)

**UNCF- United Negro College Fund** - Apply for scholarship, programs, internships and fellowships for the 2026-2027 school year. Each application has its own eligibility criteria, open/close dates and required documentation. For more info, [Click Here](#)

**The High School Equivalency Tutoring program** - Thomas Dunn Learning Center is offering one-on-one support with a specially designed curriculum to prepare for each of the 5 exams necessary to pass the High School Equivalency Test or GED. [Register Here](#)

## SUSTAINING RESOURCES

**Christian Hospital Family Health Festival** - June 6<sup>th</sup> 10a-2p, 11133 Dunn Rd. Join us as we come together as a community to celebrate health! There will be free health screenings, educational booths, speakers, a St. Louis Children's Hospital kids area, a custom car exhibition, free entertainment, food trucks, and more. [Register Here](#)

**Men's Health Fair** - June 13<sup>th</sup> 12p-4p, 4343 West Florissant. This Men's Only free event connects men with prostate screening, mental health resources, wellness education, employment & education resources, food trucks and more. For more info, visit [Click Here](#)

**Food on the Move** - June 20<sup>th</sup> 11a-1p, 4398 N. Hanley Metro Link Station. Join the St. Louis Area Foodbank for a **walk-through**, shopping style food distribution for individuals living in areas of Illinois and Missouri. For more info, visit [Click Here](#)

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